

Wellness and Relaxation with Wellnessaround treatments

Discover a world of exclusive well-being, designed for you, where each treatment is a sensory journey towards relaxation and rebalancing.

BODY MESSAGES

Body Massage – 50 minutes CHF 135.-

The classic massage is like a walk in the woods: simple, direct, but deep. No complicated names, just expert hands that move with a constant rhythm all over the body, releasing muscle tension and restoring the balance between tone and relaxation.

A complete treatment that acts at 360 °, useful for those who are fatigued, stiff or need to detach and return to themselves.

Oils used: sweet almonds, sesame or grapeseed – chosen according to the season and your skin.

Benefits: deep relaxation, reduction and elimination of contractures, physical and mental lightness.

Californian Massage – 80 minutes CHF 245.-

Imagine slow waves chasing each other over the body, without haste. The Californian massage is the "breath" massage: broad, enveloping, emotional. It melts the mind even before the muscles. Ideal if you live too "high", in the head, and want to go back to feeling the body in its entirety. A treatment that not only relaxes, but reconnects you with your essence.

Oils used: warm, neutral vegetable oils, lightly scented on request.

Balinese Massage – 90 minutes with scrub and scented foot bath CHF 245.-

A ritual with an oriental soul. It starts with an aromatic foot bath and a natural scrub that prepares the skin. This is followed by massage: a mix of deep techniques, acupressure and gentle stretching. The body opens up, relaxes, while the mind calms down.

Scrub: artisanal based on sea salt and sugar with the addition of tropical essential oils.

Foot bath: with relaxing flowers and essences (ylang ylang, lime, sandalwood).

Berber Massage – 90 minutes with Argan coffee & Damask Rose CHF 245.-

A tribute to North African beauty. It begins with a deep but gentle peeling based on coffee and damask rose that smoothes and perfumes the skin. Afterwards the body is massaged with pure, lukewarm, rich and silky Argan oil. Each gesture is slow and deep, to nourish the skin and dissolve any tension.

Best For: dull skin, need for regeneration and inner sensuality.

Back - Neck – 30 minutes CHF 85.-

Total concentration on those areas that shout "enough". A targeted and decisive treatment for those suffering from neck pain, shoulder tension or muscle pain in the back area. We work in a functional and deep way but always with respect. A small time for a big relief.

Warming oils: arnica, camphor and/or ravintsara or lavender essential oils.

Rollback – 30 minutes with stone pine sticks CHF 95.-

Not just hands, but tools born from nature. The stone pine sticks are slid and pressed along the muscle bundles to work on the deepest tensions. They stimulate circulation, loosen knots and... they make you breathe better. A massage for those who want immediate results, without sacrificing natural contact.

Oils used: mix of relaxing synergies and sesame oil.

Abdomen and flat stomach – 30 minutes CHF 65.-

It's not just aesthetics: it's digestion, lightness and emotion. This treatment acts on the abdomen with circular maneuvers and light but deep pressures, to release tension, promote digestion and give space to breathing. We often hold in our stomachs what we can't say. This massage frees him.

Specific oils: black cumin essence and grapeseed oil.

Foot reflexology – 40 minutes CHF 95.-

The feet tell it all. Each point of the sole of the foot is connected to an organ, an area of the body, to an emotion. In this treatment, they are stimulated with precision and sensitivity to help the body rebalance itself. It is not a simple foot massage: it is a small check-up of the soul.

Body lymphatic drainage of the body with personalized essential oils - 60 min. CHF 155.- 80 min. CHF 175.-

Touches as light as flowing water. Lymphatic drainage is a treatment that helps the body get rid of what is stagnant. Not only liquids, but also tiredness, thoughts, heaviness. It is performed with slow and rhythmic movements, combined with essential oils chosen according to your energy of the day: juniper to drain, lemon to stimulate, lavender to calm.

Best For: swollen legs, retention, general detox.

Full body acupressure – 50 minutes CHF 145.-

The body has "buttons". And we know them. With this treatment, precise acupuncture-like points are stimulated to rebalance energy throughout the body. The touch is firm but delicate and it works deep without the need for force. Perfect if you feel "stuck", without energy, or with tensions that you cannot explain in words.

FACE FOR HER AND FOR HIM

Classic face and décolleté massage – 50 minutes CHF 125.-

A hug for the face, a gesture that pampers the skin and relaxes the mind. The classic face and décolleté massage is an enveloping and gentle treatment that stimulates microcirculation, improves elasticity and gives a radiant and fresh appearance. Expert hands act with light but firm movements, regenerating the skin and relaxing the facial muscles. An excellent remedy to relax and regain your inner balance.

Oil used: pure, nourishing argan oil rich in vitamins A and E.

Benefits: facial relaxation, improved skin tone and stress relief.

At the end of this treatment, you will receive 5 minutes of facial expressions that you can perform independently every morning or evening before going to bed to prevent signs of aging.

Lymphatic facial massage – 50 minutes CHF 145.-

The face says everything about us and this treatment is designed to free it from tensions and signs of aging. The lymphatic facial massage helps stimulate circulation and drain excess fluids, restoring a fresh, relaxed and radiant appearance to the face. With light and rhythmic movements, the treatment purifies and tones, leaving a smoother and brighter skin. Also perfect for those who need a moment of tranquility and regenerating energy.

Essential oils used: damask rose, known for its calming and toning properties.

Benefits: lymphatic stimulation, reduction of swelling, toned and radiant skin.

As a gift, at the end of this treatment, you will receive 5 minutes of facial exercise instruction that you can easily perform on your own, every morning or evening before going to bed to prevent signs of aging.

LIGHTWEIGHT LEGS

Mud and leg massage – 70 minutes CHF 145.-

An intensive treatment that combines the benefits of thermal mud with the deep relaxation of massage. The mineral-rich mud stimulates circulation, fights water retention and toxins, while the massage relaxes the muscles and tones the skin. Ideal for those looking for relief from tired and heavy legs, as well as a deep detox action.

Oils used: mix of essential oils to improve the effectiveness of the treatment.

Benefits: stimulation of circulation, reduction of swelling, firmer and smoother skin.

As a gift, at the end of this treatment, you will receive 5 minutes of practical advice to keep your legs light and fresh even after the session.

Hot or cold bandage massage + Lymphatic drainage massage – 70 minutes CHF 165.-

A complete ritual that takes advantage of the properties of the bandage, chosen between hot or cold according to your needs. The bandage stimulates lymphatic drainage and promotes the reabsorption of excess fluids. The subsequent lymphatic drainage massage completes the effect with gentle and rhythmic maneuvers that act on swollen and tired legs. A perfect treatment for an immediate feeling of lightness.

Oils used: mix of draining and toning essences for a targeted action.

Benefits: lymphatic drainage, reduction of water retention, lighter and more toned legs.

As a gift, at the end of this treatment, you will receive 5 minutes of practical advice on how to stimulate lymphatic drainage on your own every day.

Mud + Bandage + Massage – 100 minutes CHF 185.-

A combined treatment that combines the power of mud, the drainage of the bandage and the relaxation of the massage. This complete package is designed for those who want a targeted action against cellulite, swelling and muscle fatigue. The mud purifies and nourishes, the wrap helps stimulate circulation and the massage relaxes and tones, giving lighter, smoother and more regenerated legs.

Oils used: a mix of specific essential oils to tone the skin and improve circulation.

Benefits: combines the benefits of all three treatments: drainage, toning and deep well-being.

As a gift, at the end of this treatment, you will receive 5 minutes of self-massage techniques that you can do daily to keep light and toned legs.

These treatments can be combined and customized according to your desired goals and results. Each package begins with a free consultation, during which we will assess your needs together and define the most suitable treatment for you.

Prices include treatment, cost of products, and travel expenses

From the second treatment on the same day, a 10% discount on the total price will be applied immediately

Naturalness and Competence are our Efficiency!